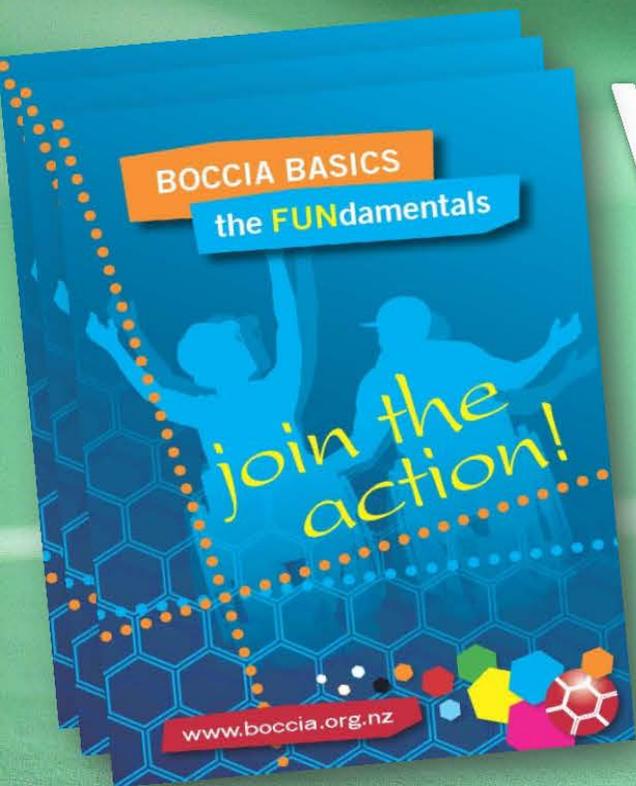


# Boccia Basics: The FUNdamentals

## Verifier's Guide



## Bronze Excellence – Throw / Kick

Skill	Description
I understand the spirit of the game	The ethics and spirit of the game are similar to tennis – players are quiet when it is their opposition's shot.
I can pick up and drop a boccia ball	Independently grasps the ball comfortably and releases it successfully where seated (on the spot).
I know the boundaries of a boccia court	The court dimensions are 12.5m in length and 6.0m in width.
I can position myself inside the playing box	A playing box measures 2.5m in length and 1.0m in width. Can sit inside this without touching the lines.
I can throw a boccia ball into court	Consistently propels the ball across the 'v-line' measurements.
I can aim the direction of my chair and throw	Independently positions their chair to face their target (the jack).
I can control the speed of my throw	Shows the use of greater muscular force to propel the ball further.
I can successfully throw the jack ball into court	Consistently propels the jack ball so that it stops inside the boundaries of a boccia court.
I can throw a boccia ball to the end of the court	Can propel any boccia ball so that it rolls over the end boundary line.
I know the difference between draw, drive and block shots	Draw – playing to stop a ball at a specific length. Drive – playing to hit one of your own balls closer to, or your opponent's away. Block – strategically playing a ball to stop in the way of opponent preventing them from scoring.
I can check that I am inside my playing box	Visually confirms that the chair, self and equipment are all inside playing box boundaries.

## Bronze Excellence – Ramp

Skill	Description
I understand the spirit of the game	The ethics and spirit of the game are similar to tennis – players are quiet when it is their opposition’s shot.
I can use an assistive pointer (e.g. head, mouth or hand)	Can independently release the ball down the ramp using a head pointer, mouth pointer or with their hand.
I know the boundaries of a boccia court	The court dimensions are 12.5m in length and 6.0m in width.
I can position myself inside the playing box	A playing box measures 2.5m in length and 1.0m in width. Can sit inside this without touching the lines.
I can use a ramp to play a boccia ball into court	Consistently propels the ball down the ramp so that the ball crosses the ‘v-line’ measurements.
I can communicate with an assistant	Gives one-way instructions either verbally or non-verbally (hand, eye or head movements).
I can aim the direction of my chair and ramp	Provides effective one-way instructions so that the assistant positions their chair to face their target (the jack).
I can control the speed of my ramp	Shows the use of changing height and angle of ramp to propel the ball further.
I can successfully play the jack ball into court	Consistently propels the jack ball so that it stops inside the boundaries of a boccia court.
I can use the ramp extensions	Shows the addition of extensions on the ramp to propel the ball further.
I can play a boccia ball to the end of the court	Can propel any boccia ball so that it rolls over the end boundary line.
I know the difference between draw, drive and block shots	<p>Draw – playing to stop a ball at a specific length.</p> <p>Drive – playing to hit one of your own balls closer to, or your opponent’s away.</p> <p>Block – strategically playing a ball to stop in the way of opponent preventing them from scoring.</p>
I can check that I am inside my playing box	Visually confirms that the chair, self and equipment are all inside playing box boundaries.

## Silver Excellence – Throw / Kick

Skill	Description
I can play the jack ball to my advantage	Plays jack away from opposition and to own strengths.
I can describe basic tactics	See 'Simple Game Tactics' sheet.
I can demonstrate draw, drive and block shots	<p>Draw – playing to stop a ball at a specific length.</p> <p>Drive – playing to hit one of your own balls closer to, or your opponent's away.</p> <p>Block – strategically playing a ball to stop in the way of opponent preventing them from scoring.</p>
I can vary my shot selection to match the game situation	<p>Uses a drawing shot when there are no Boccia balls blocking the way.</p> <p>Uses a driving shot when there are Boccia balls blocking the way (eg. to clear oppositions balls from the path to the jack).</p> <p>Uses a blocking shot to limit the score or chance of scoring for the opposition (ie. gives opponent 1 point rather than 3).</p>
I position my chair for different shots	<p>Creates room to swing arm / leg for greater power.</p> <p>Alters positioning to improve next shot outcome (ie. adjusts line if too far right).</p> <p>Utilises the entirety of the box to gain easiest shot option (ie. front of box or back of box depending on relative angle to jack on court).</p>
I understand the rules of boccia	Provides outline of 'Simple Boccia Rules'.
I know what the referee paddle means	<p>Red = red to play.</p> <p>Blue = blue to play.</p>
I have competed in my first match	A competition between 2 sides where a specific number (4 or 6) ends are played.
I have scored my first point off my own jack ball	During a match, propels the jack ball so that it stops inside the boundaries of a boccia court and wins the end.
I have scored my first point off my opponent's jack ball	During a match, wins the end when the opposition plays the jack ball.

## Silver Excellence – Ramp

Skill	Description
I can play the jack ball to my advantage	Plays jack away from opposition and to own strengths.
I can describe basic tactics	See 'Simple Game Tactics' sheet.
I can demonstrate draw, drive and block shots	Draw – playing to stop a ball at a specific length. Drive – playing to hit one of your own balls closer to, or your opponent's away. Block – strategically playing a ball to stop in the way of opponent preventing them from scoring.
I can vary my shot selection to match the game situation	Uses a drawing shot when there are no Boccia balls blocking the way. Uses a driving shot when there are Boccia balls blocking the way (eg. to clear oppositions balls from the path to the jack). Uses a blocking shot to limit the score or chance of scoring for the opposition (ie. gives opponent 1 point rather than 3).
I position my chair for different shots	Creates room to allow ramp extensions to be added for greater power. Alters positioning to improve next shot outcome (ie. adjusts line if too far right). Utilises the entirety of the box to gain easiest shot option (ie. front of box or back of box depending on relative angle to jack on court).
I know when to break the plane of my ramp	Instructs assistant to move ramp left and right after each shot.
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I have scored my first point off my own jack ball	During a match, propels the jack ball so that it stops inside the boundaries of a boccia court and wins the end.
I have scored my first point off my opponent's jack ball	During a match, wins the end when the opposition plays the jack ball.

## Gold Excellence – Throw / Kick

Skill	Description
I can show techniques to help with body control (e.g. breathing exercises, self-talk, holding chair, use of brakes)	Relaxes muscles using appropriate techniques (eg. breathing, visualisation, self-talk). Both brakes are on (ie. if using a manual wheelchair). Uses non-throwing hand for support during throw.
I have competed in a schools or clubs tournament	Taken part in an inter-schools or community-based tournament.
I understand the call room process	Provides outline of 'Call Room Procedure'.
I can communicate on court with my team mates	Positively supports players by directing play and is actively involved in planning team strategies (ie. moves to see team mates; makes eye contact).
I understand how to communicate with the referee	Questions the referee regarding the current score and who is holding the shot.
I have joined a Boccia club	Is a member of a local club or Boccia New Zealand.
I can describe a violation	Provides examples of violations.
I have a shot routine	Uses the same process for every shot.
I know what grade I play in	Has completed a provisional classification form and been informally told by Boccia New Zealand what competitive grade to play under.
I have been classified	Have been formally assessed by Boccia New Zealand.
I have competed in my first sanctioned tournament	Taken part in one of the following: South Island Championships, Lower North Island Championships, Upper North Island Championships, New Zealand National Championships.
I know how to read a score sheet	Identifies different sections and can fill in appropriate parts.

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