# Frequently Asked Questions

# What is the Boccia Basics: The FUNdamentals programme?

Similar to the Duke of Edinburgh's Hillary Award, there are three levels to work though: Bronze, Silver and Gold.

# Who can do the Boccia Basics: The FUNdamentals programme?

Anyone with a physical disability - there is no age limit.

## Can young people with a physical disability do the programme?

Absolutely they can - the skills are within their capabilities.

#### How much will it cost?

Nothing... except for your time and effort.

### How can I start the Boccia Basics: The FUNdamentals awards programme?

Contact Boccia New Zealand and ask for a 'Boccia Basics Passport' to be posted to you.

# I have a received a 'Boccia Basics Passport' - what do I do with this?

Learn and master the first level of skills listed on the Bronze page to earn your first badge.

### Where can I find more information and advice on the Boccia skills?

There is a Verifier's Guide available for download on the Boccia New Zealand website that describes each of the skills in more detail.

## Can my family members / friends assist?

Family members, friends and significant others are encouraged to get involved as mentors / coaches to support you!

#### Why are there different two sections at the same level?

Throw / Kick – to be filled in by those players who either throw or kick the ball when competing. Ramp – to be filled in by those players who use a ramp to play the ball when competing.

## I have moved to a different place - how do I continue the programme?

Boccia can be played almost anywhere. Contact Boccia New Zealand if you'd like to be put in touch with the nearest Boccia group to you.

## How long does the programme take?

There is no time limit to complete the levels. The Boccia Basics: The FUNdamentals programme allows players to learn and progress at their own pace.